

# Talk Autism

*I am getting in touch to advise you that we are re-forming our forum for parents and carers of children/adults with autism, called **Talk Autism**.*

*Talk Autism is free to join and provides monthly events for parents and carers on matters relating to autism – for example, we may arrange for a specialist speaker to give a talk on managing behaviour, sleep, or routines. Talk Autism will also include local social events where parents and carers can develop friendships.*

*We had an introductory session on 11 September on Talk Autism, during which we discussed what parents/carers wanted from Talk Autism, talking about the nature of our sessions and socials.*

*From this session it was clear that managing challenging behaviour is an area that parents need support in. We have arranged for a speaker from **Beyond Autism** to come to our Talk Autism session to talk about **Managing Challenging Behaviour**, there will be an opportunity to ask questions.*

*Our next meeting will take place on **Monday 16 October 2023 10am – 12pm at the Chaucer Centre, Canterbury Road, Morden, SM4 6PX***

*You can book your place at this session (and any Talk Autism session) by emailing or phoning me, Maria Solari, on 07709 715206.*

*If you would like to join Talk Autism, it's easy – just get in touch. If you're already a member of Kids First, Adults First or have received support via our MAPS service (Merton Autism Parent Service) we will already have your details so, with your permission, we will add you to our Talk Autism membership. You will then automatically receive Talk Autism news via email.*

*So, please let us know by return email if you would like to join Talk Autism. We hope it will be a help to you and your family.*

*Kind regards  
Maria Solari*

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