



**Talk Autism is a forum for parents and carers
of children, young people and adults with autism.**

Next event

Monday 16 September 2024, 10am – 12pm

Location

In-person at the Chaucer Centre, Canterbury Road, Morden SM4 6PX

Talk Autism session with Contact

We will be joined by Tania Ross & Gina Mahoney from Contact who will be giving advice and guidance to help parents/carers to find and access the supportive information and services that they may need.

The workshop will comprise:

We can help parents with different aspect of autism & family life, however on this session we will be covering understanding Autism and mental wellbeing - aiming to support parents/carers in understanding the autistic experience, common mental health difficulties and how to support the wellbeing of autistic family members proactively.

The session is appropriate to parents and carers of children & young people with autism.

Register now to attend this free session by contacting Maria Solari:

By email: maps.coordinator@mertonmencap.org.uk

Phone: 07709 715206