



## CARERS' COFFEE AND LEARNING SPRING TERM

Welcoming Sutton carers of
Children in Care | Previously Looked-After | Special
Guardianship | Adopters | Kinship Care

Join us for a themed discussion and get advice about the children you care for. Meet other carers and have some time to ask questions. **Education** and therapeutic specialists will be on hand to answer questions and

30/01/25 - 10:30-12:30pm

Supporting young people who have anxiety, PDA or neurodivergence - led by Therapeutic Specialist

Where: The Cabin, Sutton Family Centre, SM1 2SD

25/02/25 - 1.00 - 1:45pm

Early Years and Primary: Promoting life skills and learning at home - led by Sutton Virtual School Advisor

Where: Virtual session - link provided on sign up

25/02/25 - 2.00 - 2:45pm

**Secondary: Promoting life skills and learning at home** - *led by Sutton Virtual School Advisor* 

Where: Virtual session - link provided on sign up

20/03/25 - 10.30 - 11.45am

Foster Carers' session on behaviour, helping to regulate and manage emotions - led by Therapeutic Specialists

Where: The Cabin, Sutton Family Centre, SM1 2SD

20/03/25 - 12 - 1.15pm

All other Carers' session on behaviour, helping to regulate and manage emotions - led by Therapeutic Specialists

Where: The Cabin, Sutton Family Centre, SM1 2SD



offer advice.

## Scan the QR code or click <u>here</u> to sign up to these events

Any questions please contact Hannah Miles - Extended Duties Education advisor - hannah.miles@cognus.org.uk





## CARERS' COFFEE AND LEARNING SUMMER TERM

Welcoming Sutton carers of
Children in Care | Previously Looked-After | Special
Guardianship | Adopters | Kinship Care

Join us for a themed discussion and get advice about the children you care for. Meet other carers and have some time to ask questions. Education and therapeutic specialists will be on hand to answer questions and offer advice.

17/06/25 - 1.30-2.30pm
Supporting young people with transitions with school and placements- led by Sutton Virtual School Advisor

Where: Virtual Session - link provided on sign up

04/06/25 - 10.30 - 12.30pm
Promoting Cultural Differences / Life
story work - led by Therapeutic
specialists

**Where**: The Cabin, Sutton Life Centre, SM1 2SD



Scan the QR code or click <u>here</u> to sign up to these events

Any questions please contact Hannah Miles - Extended Duties Education advisor - hannah.miles@cognus.org.uk



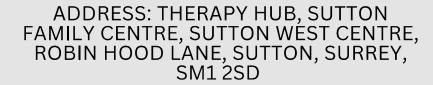


## CARERS' COFFEE AND LEARNING LOCATION

Some of our events are in person at:

The Cabin, Sutton family Centre,

SM1 2SD





THE THERAPY HUB IS A PORTACABIN ON THE GROUNDS OF THE SUTTON FAMILY CENTRE SITE.

THE SUTTON FAMILY CENTRE IS LOCATED NEXT TO LIMES COLLEGE, JUST OFF OF ROBIN HOOD LANE IN SUTTON.

PARKING: THERE IS NO PARKING AVAILABLE ON-SITE

To the left hand side of the Sutton Youth Centre is a Green sign, directing you to walk down the road to access three buildings: The Limes, Behaviour Support and Sutton Family Centre. Please walk down the side-road

On the right hand side is a large railing, through which you can see a large green space and a single storey building. That is the Sutton Family Centre, and the Therapy Hub is the portacabin on the right hand-side of the grass.

On the right hand side is a large railing, through which you can see a large green space and a single storey building. That is the Sutton Family Centre, and the Therapy Hub is the portacabin on the right hand-side of the grass.

Walk to the gate on the far left hand side of the garden and press the buzzer. You will then be let on to the Family Centre site.

Please then follow the signs for the Therapeutic Hub/ Therapy Hub