

# Education Wellbeing Service Webinar

## BUILDING STRONG BONDS: THE CIRCLE OF SECURITY FOR A HEALTHY AND SECURE ATTACHMENT

Join us for an insightful workshop designed for parents and carers, where we will explore the Circle of Security model, a proven approach to fostering secure and healthy attachments with children.

This session will guide you through the fundamental principles of the model, helping you understand your child's emotional needs and how to respond in ways that build trust and security.

You will learn strategies to enhance your caregiving skills, promoting a strong, supportive bond that nurtures your child's development and well-being.



### DATE / TIME

Monday 2nd December  
7.00-8.00 pm



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### LOCATION

Online - Hosted on Teams

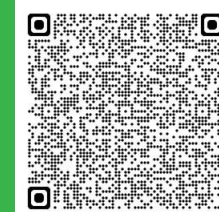
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wellbeinginschoolsevents@swlstg.nhs.uk

### DATE / TIME

Wednesday 4th December  
10.30-11.30 am



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