

Parent Webinars

Spring Term Schedule 2025

Scan the QR code or follow the links to sign up to any of these free local NHS parent webinars

16TH January 12.00-1.30pm

This workshop talks through the difference between picky eaters, problem feeders and ARFID

Understanding and supporting ARFID

For all primary school parents & carers

Scan the QR code or [click here](#)



28th January 1.00-2.00pm



Scan the QR code or [click here](#)

28TH & 29TH January

Understanding And Supporting Your Child's Sleep

For KS2 parents & carers

29th January 7.00-8.00pm

Scan the QR code or [click here](#)



25th February 7.30-8.30pm



Scan the QR code or [click here](#)

25TH & 27TH FEBRUARY

Supporting Common Child Anxieties and Worries - Including Around Exams

For Year 6 parents & carers

27th February 12.30-1.30pm

Scan the QR code or [click here](#)



17th March 7.30-8.30pm



Scan the QR code or [click here](#)

17TH & 19TH MARCH

Promoting Sibling Harmony

For all primary school parents & carers

19th March 1.00-2.00pm

Scan the QR code or [click here](#)



We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties, or support children's everyday challenging behaviours. Speak to your school to find out more.

wellbeinginschoolevents@swlstg.nhs.uk

