

Education Wellbeing Service Webinar

Managing Big Feelings in Small People:

Tantrums and aggression, how to respond

Young children can experience very strong feelings and can feel overwhelmed by these.

As parents/carers it can be very hard to know how to respond to these (often very noisy and aggressive) outbursts of feelings.

This webinar aims to help Early Years parents to understand what is behind tantrums and give some ideas as to how to support your child as well as manage your own feelings around them.

Education
Wellbeing
Service



DATE / TIME

Monday 20th April
8.00-9.00pm



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LOCATION

Online - Hosted on Teams

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DATE / TIME

Friday 24th April
12.00-1.00pm



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