

ACTIVE READING

Active Movement can be done anywhere, anytime - even when reading! To mark the end of the Active Reading event, we want you to complete the challenges below.

It involves your parents as well.

You should do each once but you can do them as many times as you like. Ask a parent to sign your sheet as you do each one.

Reading Movement	Parent signature
Spend 15 minutes a day (at least) in one go standing to read a book, magazine, comic or pad	
Read to your parents for 10 minutes whilst standing up	
Stand up for 10 minutes to read part of a book or news article with a word about an activity or movement in the title	
Ask your parent to read to you for 10 minutes whilst you are stand up (they can stand up, too!)	
Read a book in the strangest place you can think of. Supply a picture to school and you could win extra house points as well	