

TWEEDDALE PRIMARY SCHOOL

POLICY FOR

PERSONAL, SOCIAL & HEALTH EDUCATION (PSHE)

Review of the Policy

This policy provides guidance on teaching and learning at Tweeddale Primary School. It reflects the views of teaching staff and was agreed by the Local Governing Body on **10/03/21** .

The policy will be reviewed by the Head Teacher annually and by the governing body in **March 2024** or earlier if required. The implementation of the policy is the responsibility of the staff and will be monitored by the Head Teacher, Senior Management and individual curriculum coordinators.

Signed.....
Headteacher

Date.....

Signed.....
Chair of Governors

Date.....

Signed: Sara Morris
PSHE Co-ordinator

Date:

PERSONAL, SOCIAL & HEALTH EDUCATION (PSHE), SPIRITUAL, MORAL, SOCIAL & CULTURAL (SMSC) EDUCATION and CITIZENSHIP

Introduction

The purpose of this document is to provide guidelines to support the statutory teaching and learning of PSHE at Tweeddale Primary School. It aims to

- promote the spiritual, moral, cultural, mental and physical development of all children at Tweeddale Primary School.
- prepare children at Tweeddale Primary for the opportunities, responsibilities and experiences of later life.

This policy links to many other policies in Tweeddale School including the Relationships policy, the Safeguarding policy and the Science policy.

Aims of PSHE.

Through PSHE we aim to

- develop confidence, well being and responsibility in the children to enable them to make the most of their abilities and opportunities.
- encourage children to recognise the importance of talking about feelings.
- promote childrens' spiritual, moral, social and cultural development.
- prepare children to play an active role as polite, respectful and informed citizens.
- enable children to develop a healthy, safer lifestyle, including healthy eating, basic first aid and health prevention.
- enable children to embrace, respect and understand the diversity of their society
- ensure that children know and understand the value of healthy and active lifestyles particularly the importance of physical and mental wellbeing.
- ensure that the children are aware of safety issues including how to stay safe online and that the internet can be harmful.

- recognise what makes a healthy relationship and what does not (including online relationships).
- have respect for others and also that they can expect respect from others.
- to recognise different forms of bullying and teasing and know where to seek help.
- ensure that children are familiar with the physical and emotional changes that occur in puberty and that they know about human reproduction.
- know who trusted adults are and where to seek help.

The Teaching of PSHE.

The teaching of PSHE runs through all aspects of daily school life at Tweeddale. Teaching staff will use a variety of teaching methods including the use of discussion, games, role play, drawings and mind maps to teach our PSHE curriculum.

Teaching staff will deliver a weekly statutory PSHE lesson in addition to a weekly wellbeing lesson based upon The Children's Health Project. We recognise the right of all children to have access to PSHE education that meets their needs so children may well receive additional PSHE teaching deemed necessary by teaching staff.

We will use PSHE education as a way to address diversity issues and to ensure equality for all regardless of culture, gender or personal circumstance.

We will offer a safe and supportive learning environment by ensuring the right to privacy through the use of worry boxes and question boxes (which can be used anonymously).

Any issues that arise during the course of PSHE teaching will be dealt with in accordance with our Safeguarding policy.

Children will have the opportunity to:

- feel positive about themselves and how mental and physical wellbeing is intrinsic to this.
- make decisions about their own lifestyle and well-being by relating their PSHE learning to real life situations.
- meet, talk, listen and compromise with their peers.
- develop relationships through work and play and learn strategies to overcome relationships issues.
- consider the social and moral dilemmas that they come across in life and learn strategies to deal with them.
- take responsibility for looking after the school, local environment and to be aware of global issues to prepare to become responsible citizens of tomorrow.
- Reflect on experiences and tackle spiritual, cultural, moral and social issues that are part of growing up;
- Find information and advice;
- Prepare for change and transition.

Cross-Curricular Links

PSHE is integral to school life at Tweeddale and there will be many links made to other areas of the curriculum especially the link between a healthy lifestyle and mental wellbeing. These links will be highlighted to the children by teaching staff.

Equal opportunities

We ensure that all children at Tweeddale Primary School are given equality of opportunity in PSHE irrespective of race, gender or other aspects (see the school Equal Opportunities Policies and Diversity policy)).

Assessment

In PSHE there are two broad areas for assessment:

- (i) Children's knowledge and understanding, information on health, understanding of rules, understanding of health and safety procedures, the meaning of ideas including democracy;
- (ii) How children use their knowledge and understanding in developing skills and attitudes; through participating in discussions, group tasks and activities, managing conflict, making decisions and promoting positive relationships.

Children's work will be recorded in books, photographs and "The Grid" as appropriate and kept as evidence for monitoring.

Monitoring and Evaluation

The implementation of the policy is the responsibility of the staff and will be monitored by the co-ordinator and the Headteacher. The co-ordinator monitors the PSHE curriculum through book looks, monitoring "The Grid" and feedback via staff and pupils. SLT will monitor the planning and teaching of PSHE through their rolling programme of monitoring and evaluation.

PSHE is monitored through the use of The Grid on-line database, which can be accessed by all staff, governors and outside agencies. The Grid allows teachers to record how PSHE has been delivered in lessons, assemblies, trips or events. Teachers will upload evidence of PSHE to The Grid monthly. This is monitored by the PSHE co-ordinator. The Grid allows the PSHE co-ordinator and SLT to monitor which areas of PSHE are being delivered frequently. It also helps identify areas for improvement and allow targets to be set. It allows for external agencies to look at how PSHE is delivered across the whole school.

Equality Statement

We will promote race, gender, religion and sexual orientation equality through promoting positive images; by challenging stereotypical images and by promoting the positive achievements of all people irrespective of their backgrounds.