



## Education Wellbeing Service



# Getting into School

## Common Challenges and Supporting School Avoidance

Supporting your child to get into school, on time, relaxed and ready for learning can be challenging!  
This webinar aims to:

- Think about some of the challenges that can be faced in the morning
- Think about child anxiety from a cognitive-behavioural perspective
  - Explore different ways to talk about worries with your child
- Learn how to build your child's confidence and make getting into school easier for everyone

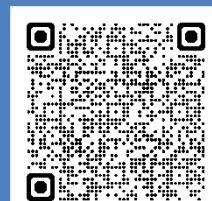
This webinar is available to South West London Primary School parents and delivered by the  
**SWLSTG Education Wellbeing Team**

Choose from 3 different times:

Monday October 3<sup>rd</sup>  
7:00 pm  
Sign up here:



Friday October 7<sup>th</sup>  
1:00pm  
Sign up here:



Thursday October 6<sup>th</sup>  
7:00 pm  
Sign up here:



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