

Sutton Children's Wellbeing Service AND Sutton Uplift presents: Parental anxiety and it's impact on your child/ children

Do you ever feel anxious?
Does your anxiety or worries get the better of you?
Does your child pick up on your anxiety?
Then this workshop could be useful for you!

When:

Wednesday 3 March 2021 at 6pm
Thursday 4 March 2021 at 12.30pm
Where: Virtually (Microsoft Teams)

If you would like to join us for this workshop, please
Email: suttoncwp@swlstg.nhs.uk
or suttonwellbeing@swlstg.nhs.uk for the link.

