

Dear Parents/Carers,

Active Movement

We recently had a visit from the Active Movement Representative (Peter Savage) who was hugely impressed with the way Tweeddale children have taken on the Active Movement scheme and ethos, and incorporated it fully into the everyday life of the school. He could see that children were not only participating in various mandatory 'Active Movements' but also that other creative ways to be active were being incorporated into lessons. He was also very impressed with how many 'Active Walks' were taking place and he loved the year group boards showing all the great examples of Active Movement that are taking place. Well done to everyone particularly our hardworking 'Active Ambassadors' (who keep everyone on track)!



School Summer Fair

We would like to say a big thank you to our PTFA for all their hard work organising the School Fair, also to all the staff who gave up their time to come into school on Saturday to help.



Cake Sale

On Friday 29th June we will be holding a Cake Sale after school in the school hall. We had so many donations for the School Fair that we do not need anymore bought in on this occasion, but we would love it if you would join us.

Thank you for your support .



Scholastic Book Fair

We have a half price Book Fair from Monday 25th– Friday 29th June after school in the school hall. Please join us for some fantastic Summer reads.



Head Lice

We have a number of cases of head lice, please can you check your child's head regularly and please make sure that if your child has long hair it is tied back.

<https://www.nhs.uk/conditions/head-lice-and-nits/>

- Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.
- There's no need to keep your child off school if they have head lice.
- You can use medicated lotions and sprays that kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online.
- Head lice should die within a day. Lotions and sprays come with a comb to remove dead lice and eggs.
- Some treatments need to be repeated after a week to kill any newly hatched lice. Check the pack to see if they're OK for you or your child and how to use them.
- You can treat head lice without seeing a GP.
- There's nothing you can do to prevent head lice. You can reduce the risk of lice spreading by avoiding head-to-head contact.

Internet safety



Here are some links that are really useful for both yourselves as parents/carers and for your children. Please do have a look at them (together initially) as it is a really important issue - it is about the safety of your children. It may seem like it is an issue that that people are going over the top about, but remember, if children and parents alike are not aware of how to stay safe online, it can have the most dire of consequences for the child/children involved.

<https://www.thinkuknow.co.uk/>

<https://www.ceop.police.uk/safety-centre/> (for reporting incidents of child exploitation online)

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

<https://www.internetmatters.org/>

<https://www.childnet.com/>

<https://www.bbc.com/ownit>

<https://parentzone.org.uk/>

<http://www.breckfoundation.org/> - parents only initially. Please look into the background of this foundation as it will highlight the importance of this message.

Year 6 Kingswood Trip



Can children who are going to Kingswood be at school for 10.30am on Sunday 24th June. Please don't be late. Thank you

Hot Weather



With the hot weather set to continue into next week please can you make sure that your child comes to school

- ◆ With Sun Cream already applied
- ◆ A bottle of water named for class to stop dehydration
- ◆ Sun Hat with a name inside.

Word of the Week

Years 2-6.....Convenience

Foundation Stage & Year 1.....Easy



Mr Powell– Marathon Man



We would like to wish our Deputy Head good luck as he embarks on ultramarathon this Saturday called Race to the King and it is from Arundel and finishes at Winchester Cathedral. It is 54 miles and is run along the South Downs predominantly off road through the countryside. He is doing it on his own and is raising money for Parkinson's UK and has so far raised approximately £700. If you wish to sponsor Mr Powell please bring your contribution into the School Office.

Nonsuch High School for Girls Open Evening

For students looking to join Nonsuch in Year 7 from September 2019 their Open Evening is on Thursday 12th July from 4.00-8.30pm. Visit www.nonsuchschool.org for further information

